

AURA



NEWS

VOL.: 005

MARCH 2022-23

ALL SAINTS CONVENT SCHOOL, AJNALA



Director's Desk

My dear Teachers & Students

“Glory to God in the highest, and on earth
Peace to men on whom his favor rests”

Christmas is the time for connecting with family near and Fav, and those Holy Christmas wishes will help you spread the Christmas cheer this season. After all, letting your family and

friends know how much you cherish them simply feels good. Christmas is now celebrated by people around the world. It's a time when family and friends come together and remember the good things they have. People and especially children, also like Christmas as it a time when you give and receive presents. Jesus himself brought the message of love, peace and joy to the world.

Dear brothers and sisters the culture of peace is not built up solely between peoples and nations. It begins in the heart of everyone of us. Anguished as we are by the spread of wars and violence, we can and must make our own contribution to peace by striving to uproot from our heart all hatred and resentment towards brothers and sisters with whom we live.

In this letter to the Espheians, we read these words” Put away from you all the bitterness and wrath and anger and wrangling and stand together with all malice, and be kind is one another, as God in Christ has Forgiven you” (Ephesian 4:31-32)

Dear friends let us ask ourselves. How much bitterness do we have in our hearts? What is feeding it? What is the source of the indignation that so often creates and resentment? Why is it that back biting in all its forms becomes our only way of talking about the things around us? If we truly want the din of war to cease and give way to peace, then each of us ought to begin with himself or herself.

For every war to end, forgiveness is required. Otherwise, Justice becomes vengeance, and love is seen only as a form of weakness.

Dear Children, teachers and parents let us in our families and neighborhood spread the message of Love, peace and Joy which this Christmas brings. May this Christmas sparkle and shine, may all of your wishes and dreams come true, and may you feel this happiness all year round.

Happy Christmas and Prosperous New Year to you all.

Fr. Jose Illickal

Dear Readers,

“Let your Bolstered pen stand at the risk of tomorrow
See the whispering wing calling out to enigmatic bird
Let the grass sing, let the flowers bloom,
Let the echo within you always be heard.”

I know, you are busy. In fact, we all are busy. How can we not be in a world that moves at a warp speed? But the point here is, wouldn't you love to stop, breath in your surroundings and connect with all those beautiful memories you had in mind?

The following pages of the AURA NEWSLETTER present a stark and vivid portrayal of the spirit of the future of our society. It is not merely a chronicle of the school events and programs, but a mirror of the ideas and reflection of myriad minds. It is a celebration of the uniqueness of each individual compiled into one book. Presenting before you, The Annual School- “AURA NEWSLETTER: One book- Several emotions, thoughts and ideas.”

As you go through the pages of this newsletter, you will go down the memory lane cherishing those beautiful memories and for surely feel connected to the rest.

Hope you enjoy the Newsletter.
Happy Reading!

Chief Editor
Sagar Masih



Principal's Desk

Every child is a gift

“We need to see each child as a gift to be welcomed and cherished”.

Education plays an important role in the life of every person. We live in an era where there is a lot of competition in the educational field. Everyone is trying to excel himself or herself in his or her field. Education imparts knowledge, and knowledge increase one's personality. Each student is full of various talents.

The main role of a teacher is to bring out those talents that dormant inside each and every student. A teacher shows to them light by burning like a candle. He or she helps the students to walk through the right path and enables to acquire proper knowledge. The main goal of a school is to bring the all round development and growth of each student.

This is not only limited to academic development but also physical, social, psychological mental development etc.

Today what we need is not only doctors and engineers but also good and strong personalities with good characters, who will be the future builders of our nation. All Saints Convent Sr. Sec. School gives each and every student such an atmosphere where one can achieve growth in all spheres of his or her life.

Let us focus on what we have and look forward to the hundred fold that are to come in our way. That is the power of excellence and exemplary vision

God Bless us.

Principal

Sr. Jince



EDITORS' DESK

The motto

The dictum of All Saints Convent School is to give rise to knowledgeable youth not merely educated youth with academic certificates. The education predominantly is derived from academic studies, contrast with knowledge, which embrace insight gained through diverse experiences may it be in institutions itself or any informal channels. ASCS imparts this holistic knowledge to the students through diverse curricula seamlessly integrated into the school's education framework. The school extends education beyond textbook by incorporating practical skills like stitching, embroidery and carpentry through initiatives like “bag less days”. Additionally the students actively engage in school functions, showcasing thematic items that promote value such as equality in society and peaceful coexistence among diverse religions the school promotes a spirit of compassion and community involvement by encouraging our students to contribute to the social causes, inviting resourceful persons to address our students on emerging issues. To conclude my write up I advocate establishing institutions dedicated to advancing knowledge through education. It is incumbent upon us today to develop curricula enriched with substantial knowledge.

Miss Pinky Behlim



Imploring HIS BLESSINGS on the inauguration of NEW SESSION 2023-24



Education in its fullness teaches values to our children, it is very important that every academic year starts with a prayer that gives divine guidance as we march towards learning. We believe prayer is the powerful weapon that can guard us in any walks of difficult moments and help us to face the daily challenges of life. The Director, principal, teachers and everyone associated with our institute warmly welcomed the students to the new academic year 2023-24 through a meaningful Prayer service conducted on 20th April in the assembly ground. We prayed for each other, that it may be a fruitful year ahead, one during which we enjoy the friendship and support of each other, while also imparting to our students, not only knowledge, but also an environment that is positive, safe, warm, caring as well as a fun place to learn and grow. We were also made aware to take God as our Light and our strength so that we journey this year with His power. The ceremony was commenced with the lighting of the lamp by Rev. Fr. Jose Illikal, Rev. Sr. Jince, Sr. Deepa Maria, staff representative Mrs. Balwinder kaur, supporting staff representative Mrs. Sonia and students' representatives (Head boy and Head girl). Moreover, intercessory prayers were offered for the good of our institute and for many other blessings

and purposes. After this, the readings from the Holy Books of different religions were read encouraging inculturation among the students and teachers and in order to hear the voice of God from different scriptures. Mrs. Kavita Sharma read a passage of Shri Bhagwat Geeta, Mrs. Harpreet Kaur (H) gave us the word of God from Shri Guru Granth sahib ji and Miss. Saniya Nahar broke the word of God for us from the Holy Bible. All these three readings from the Holy Scriptures comprised of one single meaning that is 'God is one and he teaches us to love each other'. We had the symbolic offertory too where different articles and assets which we would make use of during our new scholastic year were offered in prayer such as books, musical instruments, book of rules and so on. Towards the end of the ceremony teachers were assigned with their new classes, new duties and responsibilities. Files were blessed and handed over to teachers by Rev. Fr. Jose Illikal. The ceremony was concluded with the words of wisdom from Fr. Jose Illikal who gave us the message of keeping our heads high and walk on the right path by working hard to succeed in our goals. He made another important point of respecting the word of God while it is being read. Overall, the school choir for singing Holy hymns during the prayer service was led by Mr. Bikram and the reopening ceremony was conducted by Mrs. Martha, Miss Saniya Nahar and Mr. Sagar.



A WARM WELCOME TO NURSERY KIDS (KINDERGARTEN, NEW - COMERS)

Stepping into New life....

A BLISSFUL BEGINNING

A cheerful "WELCOME" helps kindergarten children for a positive start to their school journey. To make this journey an exciting, successful and happy experience, our school organized "WELCOME DAY" for our tiny-tots who have entered our school campus. The auditorium was decked up with colourful balloons and the show was hosted by other children with great Zeal and Zest. It was an amazing experience to see the lovely and smiling faces. The way nursery kids were responsibly led by the senior students and teachers was really commendable.



Rev. Fr. Jose, Rev. Sr. Jince the principal, Sr. Deepa Maria the vice principal, other sisters, staff and of course the batch of the outgoing X class students. A warm welcome was extended to offer love and respect to everyone attending. The event kicked off with a blissful prayer session. In a quick succession, the articulate anchors for the day led the event till the end which included a number of games, dances, poetry, and documentary of the school life such as photos videos and so on. The programme ended with a high-energy bhangra performance that was well applauded making it a huge success. At the end, everyone enjoyed a delicious meal.

and principal. It was conducted with high degree of earnestness and passion. The investiture ceremony signifies the reliance and confidence that the school consigns in the newly invested office bearers. The elected leader's profiles were read out to the audience. They were conferred with badges and sashes by the honourable Director of our school Rev. Fr. Jose Illickal. The head boy, head girl, along with newly elected house captains, vice captains, sports captains and other in charges of all four houses were assigned their respective responsibilities. The students' council took the pledge to hold the duties and responsibilities assigned to them. The principal Rev. Sr. Jince appreciated and congratulated all the prefects. The ceremony was concluded with the words of wisdom by Rev. Fr. Jose, who



FAREWELL

A VA-VA-VOOM Saga of Valediction 2023

"Life brings tears, smiles and memories. The tears dry, the smiles fade, but the memories last forever". It is the law of the nature that all good things must come to an end and this sentiment was surely felt when All Saints Convent School, Ajnala bade a sweet adieu to the beloved batch of class-X students. The school's ostentatious valediction ceremony was graced by the presence of our illustrious dignitaries, Our worthy Director



AN INCREDIBLE INVESTITURE CEREMONY

A leader is the one who knows the way, goes the way and shows the way. Leadership is the capacity to translate vision into reality. The investiture ceremony of All Saints Convent School for the session 2023-24 was held with great pomp and dignity at the school ground. The event was presided over by the school Director



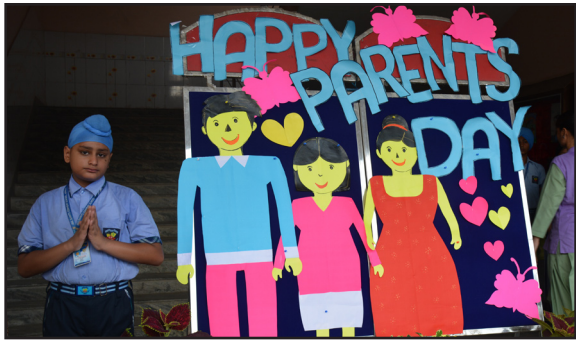
advised the leaders to be role models and lead by example with Godly wisdom.

Kudos to the Toppers of ICSE 2022-23 Achievers with 90% & above A quantum leap in ICSE 2023 Examination - with 100% result. The eponymous heroes made a giant leap.... Appreciations and acclamations to our students who infallibly waded through even in their dire straits to keel the legacy up. We could achieve this efficacious success by the grace of God, the undeniable support from the management, dedication and hard work of the staff, the students and the Parents. May our children Soar High!

PARENT'S DAY

“A Good Father is a Source of Inspiration & Self-restraint. A Good Mother is the Root of Kindness & Humbleness.”

Parents are the most precious gift God has rewarded us with. The uncountable sacrifices made by them become a blessing for the children. Parents' unconditional love cannot be



explained through words or an enactment, skit etc. However, All Saints Convent School made an attempt to appreciate all parents for their hardwork, dedication and untiring hardwork. Our dignitaries were Respected Mr. Gurmeet Singh, Rev Fr. Jose Illikal, Rev Sr. Jince, and Rev Fr. Manoj. A lot of activities like; poem recitation, songs, skits and so on were performed in honour of each and every parent on this earth. The man of the moment, Mr. Gurmeet Singh enlightened us about the significance of parents in our life through his personal experiences, incidents from life, stories and examples. Overall, we made a strong resolution to show reverence and respect for our loving parents.

International Nurses Day

We must feel honoured and privileged for the presence of nurses in the healthcare system. Words are not sufficient to describe this noble profession.



People may criticize but it is a fact that nurses labour and work more than the doctors as they dedicate much longer time to take care of sick ones than the doctors. All saints' convent school conducted a special assembly, led from the front by Tagore house

to honour and thank all the nurses working world-wide. Our pupils delivered speeches to pay respect to the nurses and to highlight the greatness of this such a beautiful profession. On a very humble note, our principal Rev. Sr. Jince honoured our school nurse Miss Nazia with a bouquet of flowers, representing our respect and love for the nurses all over the world.

ECO-FRIENDLY RAMP WALKS

An activity like this is very rare to find. However, when it comes to aiming at something best, All Saints Convent School will leave no stones



returned. Our pupils from classes 1st to 7th had an opportunity to showcase their skills and talents through this activity as they dressed themselves to form an earth, tree, plant, globe, animal etc. which definitely conveyed a very strong message in terms of the preservation of our ecology and eco-system. We believe our learners gathered a lot of knowledge from the activity and learned to respect and love nature for their practical life.

NEWLY - CONSTRUCTED - BUILDING

“Investment in infrastructure is a long term requirement for growth and a long term factor that will make growth sustainable”
The atmosphere and infrastructure are two important factors to be taken care of in an educational institute after education. Good atmosphere and infrastructure develop keen interest among the students and definitely this influences their study too positively. Considering all these factors and benefits, the Diocese of Jalandhar made a huge investment to build a huge building for the growth of the institute and its members. Rev. Fr. Jose illikal blessed the material and by the grace of the God Almighty the lantern for the 1st floor got accomplished. We are sure that it will provide a lot of comfort to our students while they make use of this new building.



Poem Recitation

“Poetry comes from the highest happiness or the deepest sorrow” A.P.J. Abdul Kalam.

All saints' sen. sec. convent school organized a poem competition for classes L.K.G. to 10th. Our students added more colours to this competition by not only reciting and chanting the poems, but also depicted the actions to make it more meaningful. Moreover, they used the flashcards to make their poems easily comprehensible. They clearly indicated that children at young age are very creative and innovative.



World Malaria Day 2023

On this world malaria day, let's pledge to strengthen our fight for malaria mukat bharat.

World Malaria day is observed on April 25



globally. The day aims to spread awareness about this vector-borne disease. All Saints' convent school made it a point to spread awareness among the students regarding this hazardous disease and infection. A special assembly was conducted by 8th class students who did a commendable job to make this event a successful one. They took courage to come forward and deliver speeches, recite poems and perform a skit to make everyone conscious of how malaria spreads, they were very kind and helpful in letting everybody know the ways and measures to mitigate and ameliorate this disease from the society.

Jallianwala Bagh Massacre Day

This day reminds us of the atrocities committed on our brothers and sisters by the British rulers. All saints Sen. Sec. Convent school celebrated this day with the same zest and zeal as we celebrate all other days. On this time, we remembered the people who sacrificed their lives for the good of the nation. A small skit was enacted out by the students to make everyone conscious of what exactly happened in Jallianwala bagh _____ in this day. Our students stepped forward to recite different poems associated with this day describing the history of this day. Most importantly, everyone was reminded of this day to be familiar with the good and bad times our forefathers had come across earlier.



TEACHERS' DAY CELEBRATION AT ASSCS - A TREAT FOR THE TEACHERS.

The teachers of our school are like candles that consume themselves to impart light to us. On the occasion of Teachers' Day, All saints paid great respect to our prudent faculty by organising an exhilarating assembly with Adorable dances, soothing songs, heart-touching skit, speeches, poems etc... Acknowledging their love and gratitude towards their gurus.



Furthermore, the efforts that the teachers of this institution put constantly were greatly applauded

by our illustrious school Director Rev. Fr. Jose Illikal. In his address, he highlighted the worth of a teacher in student's life, thus emphasizing the importance of the day in their life. Our principal visited each class to wish every teacher as this was their day. Our children too made their day an impressive and indelible one. All were very happy and as a treat a one day picnic was organised for the teachers to FUN ISLAND where all the teachers enjoyed the most.

HASYA VYANGA

What is life, without fun and humour? Everyone will surely agree that laughter can serve as the best medicine to detoxicate a stressful life. This is what the students of class 3rd aimed at by participating in Hasya Kavita competition. Students came up with awakening and inspiring thoughts that not only entertained us but also gave us meaningful message in a humorous and funny manner. Students amazed us with their innovative Hasya Kavitas and confidence. The competition was a great success and gave a platform to the students to exhibit their talent. The best entries in each section were taken out who made everyone burst into bouts of laughter.



Hindi Diwas

Hindi Diwas is celebrated in India to commemorate the date 14 September 1949 on which a compromise was reached—during the drafting of the Constitution of India—on the languages that were to have official status in the Republic of India. On this day, the Constituent Assembly of India decided by one vote that Hindi would be the official language of India. The day is also important as over 180 million people around the world speak Hindi as their first language while 300 million people have Hindi as their second. To pay tribute and to mark the importance of country's most widely spoken language, Hindi, a special assembly was held in our school with great pomp. To begin the celebrations, the students made an effort to say each and everything in Hindi and they recited the poems, speeches, news etc. very enthusiastically. Importance of learning one's mother tongue was very gracefully depicted. All these performances tried to spread the message "Hindi hamaari shaan hai; desh ka abhimaan hai and emphasized that we should be proud of our official language & should learn to speak in public domain without any hesitation. Language and culture of any



country plays an important role in making people to connect with the people & helps in making a strong nation. Thus, the celebration concluded with a positive note. This Diwas was celebrated with zeal and zest and fulfilled the objective to propagate and spread the language.

Picnic for students (4th-7th)

Living your life without enjoying it is like eating a meal that has no flavor.... You have 100% of your life daily, so enjoy it to the fullest.



Picnic not only gives the students an exposure of the outside world but also provides them a break from the monotonous schedule. All saints family really cares for its kids' holistic development, keeping this in mind a one day outing had been organised to 'Nirvana Park' situated at Hoshiarpur. This picnic spot was really an amazing place for having a lot of entertainment and fun. Our students enjoyed the most in rides, swings, water pool, water slides and also some of the activities like; suspension rope bridge and zip line rope. Students were provided with a good refreshment at the picnic spot, a sumptuous meal had been provided for the lunch. Our teachers played an important part in taking care of the children. The happiest thing is that we were accompanied by Rev. Sr. Jince our principal who was very kind in letting everyone know all the important information and details. At the end, it was a well-spent day.

BOOKMARK MAKING ACTIVITY

Bookmark making activity was conducted for the smaller kids of All Saints Convent School, Ajnala to make them aware of the importance of reading in every stage of life. It was an exciting individual activity for the children. Innovative, creative and colourful bookmarks were prepared by them. The activity aimed to enhance their creativity and develop fine motor skills. The bookmarks made by the students were used by them while reading during the reading activity that followed. The children showed lot of enthusiasm while making the bookmarks.



Just another day in paradise Picnic for students (Nursery -3rd)



Every picnic is a new adventure.

All Saints Convent School takes a lot of good initiatives to organise a number of fun activities for the tiny tots. Similarly on 3rd oct and 4th oct, a two-days Home-picnic was arranged by All saints family

for classes Nursery to 3rd. A wide smile could be observed on the faces of every student which indicated that they were happy to be in a different world. Our kids enjoyed a good refreshment at the school. Apart from this, rides, swings, water pool etc. had been made available for them. Teachers played a paramount role in leading, guiding and taking care of the tiny tots. It was a well-spent day.

House-wise Football Competition



Sports is a platform that knits together every fragmented "society into one, irrespective of their cast, religion, colour, creed etc."

A football tournament had been organised by All Saints Convent School which was played between four houses of the school. The first match was between Subhash house and Tagore house in which Subhash house knocked out tagore house to make it to finals. The second match was between Gandhi house and Nehru house in which Gandhi house knocked out Nehru house to reach the finals. The finalists had the clash for the first spot and Subhash house grabbed the first place by winning the final match. It was quite entertaining, however our students got an opportunity to showcase their abilities and talents.

Picnic for Teachers

“Picnics are like snapshots of happiness, capturing moments of togetherness that can be cherished forever.”



We all need relaxation or a day out from our hectic schedule and everyday responsibilities to refresh our mind. For the same, All Saints Convent School administration had organised one day outing for all the teachers to ‘Fun Island’ located in Ferozpur. All the teachers made the most out of it as their enjoyment was into full swing and celebrations at its peak. Teachers were provided with a delicious refreshment before they entered into the cinema hall. ‘Mastaney’ was the movie enjoyed by everyone. Teachers had great moments in the swings, water pool, water slides etc. A delectable lunch was provided for the educators. Our principal Sr. Jince accompanied us to the picnic spot which was a moment of happiness in itself. It was a well-spent day.

Let us move from untruth to truth and from darkness to light.’

The Diwali celebrations at school often mean a festive look with diyas and lanterns adorning the class. The activities permeate the school premises with an atmosphere of togetherness and hope. The students of our School celebrated the festival of Diwali with great enthusiasm. The young students proved that creativity and talent do not have boundaries. To mark the occasion, a special assembly was organised, It started with a solemn prayer to the almighty and a beautiful thought, that filled our hearts and minds with love and harmony. The students talked about the significance of the festival - how good always conquered the evil and also about why and how Diwali is celebrated across India. Besides sensitizing students about the ill-effects of crackers, they also shared the guidelines of environment-friendly options for celebrating Diwali. Wonderful presentation of the assembly by the students instilled a sense of victory of light over darkness,



knowledge over ignorance, good over evil, and hope over despair. The students continued the

Diwali celebration with the making of lanterns .The entire presentation filled the hearts of all students with the spirit of Diwali and they enjoyed the celebrations wholeheartedly.

Story telling competition

“Story telling is the most powerful way to put ideas into this world”

A story telling competition was organised for KG students to encourage them and to be able to speak on the stage confidently. Obviously, this might have surely helped our tiny tots to get rid of stage fear and be confident while delivering something from the stage.



Solo Song competition



“Words make you think. Music makes you feel. A song makes you feel a thought.”

A solo song competition had been organised for classes 1st to 10th. It was an opportunity for the learners to showcase their ability in the field of music. All the participants showed a great interest and enthusiasm for the event and participated in it very earnestly. Students had a great time as they expressed themselves very confidently.

NATIONAL SPORTS DAY

All saints’ convent school, Ajnala dedicates a lot of significance to sports and games and looks up to more and more sports competition. It has always encouraged its students to actively take part in all of the sports activities. Continuing the same respect and significance for the sports, a special assembly was held on the ‘National Sports Day’ which was conducted by Sports club of school.



VOLLEYBALL COMPETITION

“There are no magic plays. You win based on effort, unmet focus and being brilliant at the little details”

As said earlier, All saints family dedicates a lot of significance to Sports. A house wise volleyball competition had been held in the school. We believe our students learn a lot from outdoor

games. The four houses; Tagore, Nehru, Gandhi and Subhash played the knock out matches as guided by the referees. However, Subhash house embraced their hardwork and lifted the trophy.



PATRIOTIC SONG COMPETITION

In honour of Independence Day, All saints’ school organised a House wise group singing competition. Our students dressed beautifully and gave their best. They sang the patriotic songs with lot of feel, love and affection. We always encourage our students to respect our country and other symbols of our country. In this competition, Tagore house secured the first position for their fantabulous performance and subhash grabbed the second position.



Independence Day Celebration Azadi Ka Mahaotsav

All saints’ fraternity celebrated 76th Independence Day to pay homage to India’s freedom movement and freedom fighters. The school campus was beautifully decorated with tri-colour flags and balloons. The celebration started in the morning. The chief guests for the program were Sh. Devendra ji and Sh. Satnam ji, both from BSF 183 Bn. They were extended a warm welcome by Fr. Jose Illikal and Rev. Sr. Jince the Principal. Our students performed small skits, patriotic songs,



role play, speeches, poems etc. The flag hoisting was done by the chief guests accompanied by our director and our principal. The national Anthem was sung with lot of respect and love as we do every day.

Beat to Beat Dance



“Dancing is the poetry of the foot”

An activity of this type really excites the students. Learners were very much excited to participate in this competition. The house wise dance competition was organised for classes 1st to 10th. Tagore house grabbed the first position setting behind the other houses.

DEBATE COMPETITION

“It is better to debate a question without settling it than to settle a question without debating it”



A house wise debate competition was organised to make the learners more confident at expressing their views and opinions on some serious topics. The topics were ‘ Reverse Migration’ and ‘ Advantages and disadvantages of online study’. Our students gave their best to clear their side in front of their fellow participants and judges. They all spoke boldly and enthusiastically. Subhash house held its head high with the first position, Gandhi house at second and Nehru house got the third position.

Our theme based Assemblies

The school starts with a morning assembly spreading divine and ethical vibes all around where students present theme of the month through various presentations viz speech, skit, meditation sessions, poem, role-play, etc. The main objective behind conducting theme-based assemblies is to imbibe a sense of social responsibility among students and motivate them to serve society at large. Different classes get their turn and opportunity to conduct the assembly on daily basis. Students from juniors to seniors take lot of courage to come in front and express themselves through various activities during the assembly.



WORLD AIDS DAY.....

Prevention is better than cure especially when something has NO CURE

“It is bad enough that people are dying of AIDS but no one should die of ignorance.” All saints’ family has always wished a good health of mind and body for her children. Keeping in mind the number of people who die of aids every day, a



special assembly had been conducted to spread awareness regarding this incurable virus. Our students performed a small skit, poem, speech etc. to make everyone conscious of how this hazardous virus spreads and how it can be mitigated or controlled. The precautions about this virus and all the other details explained by the students were well-elaborated. We believe it was beneficial for everyone.

Seminar for students

NO ONE WILL TELL YOU THIS.....

All saints’ convent school is never behind in looking after the holistic development of the students. In order to guide the students morally and to put them on the right path, an eye-opening seminar for one day had been organised for classes 7th to 10th. It gives us immense pleasure to tell you that this seminar was given by one of the alumini of our own school Mrs. Komal preet kaur. Currently, she is a doctor in Switzerland. She made use proud by visiting the school to provide a seminar for our students. A number of topics had been explained and covered under her



supervision and therefore, we appreciated her vast knowledge on various topics. She guided the students how to lead a moral, ethical, disciplined life and to maintain a healthy relationship with others. Our students’ response was very positive towards her talk and they expressed that it was an informative session for them.

SALAD MAKING COMPETITION

This was an activity conducted by All saints family to expand the horizon of knowledge of our students in cooking field. They were very cooperative and excited to participate in this competition as it would enhance their cooking skills and would help them to make their own salad in an emergency.



Quiz Competition TEST YOUR KNOWLEDGE “QUIZZING IS THRILLING”

All saints’ family conducted a quiz competition for the students. It was a house-wise competition and the topics were associated with our great leaders and freedom fighters; ‘Mahatma Gandhi Ji’, Shri Lal Bahadur Shastri Ji’, and ‘ Pandit Jawaharlal Nehru Ji.’ Our pupils showed a keen interest in this competition, their preparation for the quiz showed that they were very enthusiastic to participate in this competition. Tagore house outshined and left the others behind by grabbing the first position followed by Gandhi house at the second position and Subhash house at the third position. It was a very thrilling and knowledgeable session for our learners.

Children’s Day Celebration

“The sweetest period of anyone’s life is childhood. Children are the flowers from heaven and every child is a different kind of flower, and all together, they make this world a beautiful garden”.

The children’s day was the most awaited day for many of us. Teachers along with the management gave a beautiful surprise to all the children by



preparing a small program for them. Rev. Fr. Jose Illikal, Rev. Sr. Jince , Rev. Fr. Manoj, Rev. Fr. Anthony Raj and our special guest Sr. Bizi, other sisters were present for this small program. Bhangra and skit performed by the lady teachers was absolutely a beauty. It was an impressive performance which everyone enjoyed. Most importantly, Rev. Sr. Jince along with the other staff members had prepared a children’s day wishing song. They sang it very melodiously and sweetly. There was a game ‘musical chair’ conducted by the teachers for +1students. Fr. Jose Illikal enlightened and inspired everyone with his words of wisdom. Towards the end of the program, we had a thrilling Bhangra performance by the gents teachers which was a marvellous and devastating performance. Everyone enjoyed the performance and clapped till the end.

KHO KHO TOURNAMENT ALL SAINTS FAMILY WAS THE HOST FOR THE ZONAL LEVEL KHO - KHO TOURNAMENT

“Life is more fun if you play games”

All saints’ family had organised a Zonal level kho-kho tournament in the school ground. The preparations for the event were made well in advance. All the responsible teachers’ along with the management of the school worked hard to make the necessary preparations (including meals and refreshments) for the tournament as the other school children were part of it. This amazing tournament was graced by the presence of Rev. Fr. Jose the director of the school and Rev. Sr. Jince the principal of the school. Professional referees had been hired to assist the students in playing a fair game. Finally, the first position U-19 was grabbed by the students of PCA academy Tarn Taran and the second place was taken by St. Joseph School Khasa. Among the U-17 teams, the first place was taken by Revel Dale School, Attari and the second position was grabbed by Shri Krishan Hargobind Golden Avenue. Among the U-14 teams, Sacred Heart School, Bias took hold of first position, followed by Revel Dale School, Attari at the second position.



Here after, the regional level competition was hosted and organised in Patiala where Akash Gurpreet Singh obtained Gold medal and Jasmeen Kaur won Silver medal. They both were selected for the NATIONAL ATHLETICS CHAMPIONSHIP held in Bangaluru in the month of October, in which Athelete of our school ‘ Akash Gurpreet Singh’ made us all proud as he got picked for SGFI Games in relay team and 100 mtr hurdles event. Moreover, Akash Gurpreet Singh won Bronze Medal in PUNJAB ATHLETICS meet held in Sangroor and was selected for Junior Athletics meets national level in Gujrat in January. Kawar Vijay Pal Singh won Bronze medal in 400 Mtr Hurdles.



CHARITY

Being philanthropic in nature is not everyone’s cup of tea.....

“Happiness doesn’t result from what we get, but from what we give.”

All saints’ convent school has always inspired and motivated the students to work for the common good of humanity. Our students have been very generous and charitable in contributing for the welfare of our other human fellow beings. We as a family provided financial help for the Cancer patients under the NGO, for the Army widows and also for the communal Harmony.



NORTHERN REGION AGM IN CHANDIGARH

“Success comes when people act together; failure tends to happen alone.”

A good leader always leads from the front. Rev. Sr. Jince our principal has been a phenomenal leader in all the dealings and works of the institute. She was part of the NORTHERN REGION AGM meeting in Chandigarh where the principals of other schools had gathered too. It was with a purpose to discuss all the matters and affairs of school administration, education, growth of children and other important guidelines regarding educational system. Our principal gave her valuable time to attend the meeting and to pass on the same knowledge and guidelines to all the staff members. This is how we all remain focused towards one goal (welfare of children) and stay up to date with all the essential details and guidelines.



SPORTS ACHIEVEMENTS



“Every champion was once a contender that refused to give up.”

When we look at the session 2022-23 in terms of sports and games, it has proved to be very successful and fruitful for all of us. This year has given a lot of success to our children who participated in different sports competitions. The ATHELECTICS ZONAL CHAMPIONSHIP was hosted by Punjab Children National Academy, Tarn Taran in the month of May. Our 40 students were part of it and out of these 28 athletes won medals in diverse events. Our 8 students were selected for the regional level in different events in different age categories. The names of the students are given below:

1. Birdawinder Singh U-14 Long Jump
2. Harshmeet Kaur U-17 3000 Mtr race
3. Abhiraj Singh U-17 3000 Mtr race
4. Robandeep U-17 400 Mtr race
5. Jasmeen Kaur. U-17 400 Mtr race
6. Sonikpreet Singh U-17 Javelin Throw
7. Sharon Gill U- 19 Javelin Throw
8. Akash Gurpreet Singh U-19 200 Mtr race, 100 Mtr race, 4×400 Mtr Relay

POSTER MAKING ART SPEAKS WHERE WORDS FALL SHORT OF EXPLAINING

Artists carry responsibilities to create awareness through the medium of their art. Bearing the same in mind, a poster making was organised for the students. The students are required to showcase their creativity on the social issues. The intent behind this was to make the students aware about the social issues prevailing in the society. One could see and feel the enthusiasm that the students had in their presentation. The activity kept the students engaged and gave them the platform to explore their creativity and to showcase their skills. The activity saw colourful posters from the students depicting the pictures on social issues that prevail in the society. They made posters on different topics allotted to them.

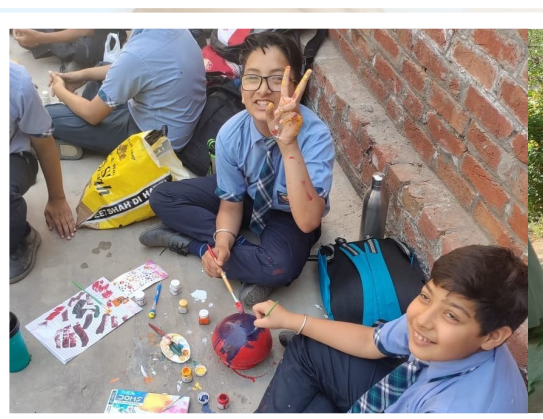


BAGLESS DAYS

The CISCE Board of Education had recommended to conduct at least 10 Bagless days for the learners which should include certain activities that would assist the students to recognise their personal talents and skills. These bagless days would be beneficial for our students in various ways like;

- Enable kids to experience joyful learning.
- Diminish the barriers that currently exist between knowledge that is acquired from books and knowledge that is applied in practical skills.
- Give kids a chance to investigate the fundamental abilities needed for the numerous jobs in a workplace. Following are the Bagless Days conducted in All Saints Convent School, Ajnala.

Wood Work, Mason's Work, Pot-Painting, Electrician's Work, Embroidery Work, Smokeless Cooking, Garlic Peeling, Button-Stitching, Make-Up, Yoga.



ਡਰ

ਜਿੰਦਗੀ ਤੋਂ ਜਿੰਨ੍ਹਾਂ ਡਰੋਗੇ,
ਓਦੇ ਤੋਂ ਦੁਗਣਾ ਖੋਵੋਗੇ।
ਦਿਮਾਗ ਤੇ ਜ਼ੋਰ ਪਾਕੇ
ਦਿਲ ਦੀਆਂ ਆਸਾਂ ਦਬਾਕੇ,
ਕਿਹੜੀ ਦੁਨੀਆਂ ਨੂੰ ਜਿੱਤਣ ਨੂੰ ਫਿਰਦਾ ਏ,
ਜੇ ਡਰਾਕੇ ਆਪਣੇ ਕਦਮ ਪਿੱਛੇ ਕਰਦਾ ਏ।

ਦੁਨੀਆਂ ਦੇ ਤਾਨਿਆਂ ਤੋਂ ਡਰਕੇ,
ਕਿਉਂ ਤੇਰੇ ਪੈਰ ਥੜਕੇ।
ਤਾਨਿਆਂ ਦੇ ਡਰ ਨੇ ਤੈਨੂੰ ਐਸਾ ਦਬੋਚਿਆ,
ਕਿ ਤੂੰ ਆਪਣੇ ਬਾਰੇ ਕਦੇ ਨਾ ਸੋਚਿਆ,
ਕਿਹੜੀ ਦੁਨੀਆਂ ਨੂੰ ਜਿੱਤਣ ਨੂੰ ਫਿਰਦਾ ਏ,
ਜੇ ਡਰਕੇ ਆਪਣੇ ਕਦਮ ਪਿੱਛੇ ਕਰਦਾ ਏ।

ਕਿਉਂ ਤੂੰ ਭਵਿੱਖ ਬਾਰੇ ਸੋਚ ਘਬਰਾਉਂਦਾ ਏ,
ਰੱਬ ਤੇ ਭਰੋਸਾ ਰੱਖ ਉਹ ਸਭਦੀ ਸੁਣਦਾ ਏ।
ਕਿਉਂ ਤੂੰ ਆਪਣੇ ਮਨ ਨੂੰ ਸਮਝਾ ਨਹੀਂ ਪਾਉਂਦਾ,
ਕਿ ਜੇ ਅੱਜ ਨਿਕਲ ਗਿਆ ਤਾਂ ਵਕਤ ਮੁੜ ਨਹੀਂ ਆਉਂਦਾ।
ਕਿਹੜੀ ਦੁਨੀਆਂ ਨੂੰ ਜਿੱਤਣ ਨੂੰ ਫਿਰਦਾ ਏ,
ਜੇ ਡਰਕੇ ਆਪਣੇ ਕਦਮ ਪਿੱਛੇ ਕਰਦਾ ਏ।

-ਰੰਧਾਵਾ
ਪਰਨੀਤ ਕੌਰ
ਦੱਸਵੀਂ ਫਰਾਂਸਿਸ



ਰਬਾਬ

ਮੈਂ ਤਾਂ ਤੇਰੀ ਰਬਾਬ ਹਾਂ
ਜਿਵੇਂ ਮਰਜ਼ੀ ਵਜ਼ਾ,
ਤੂੰ ਹੀ ਖੁਸ਼ੀਆਂ ਭਰੀਆਂ
ਤੂੰ ਹੀ ਭਰੇ ਨੇ ਚਾਅ,
ਤੂੰ ਹੀ ਹੱਡ ਮਾਸ ਬਣਾਇਆ
ਵਿੱਚ ਬਿਠਾਇਆ ਖੁਦਾ,
ਮੈਂ ਤਾਂ ਤੇਰੀ ਰਬਾਬ ਹਾਂ
ਜਿਵੇਂ ਮਰਜ਼ੀ ਵਜ਼ਾ।
ਤੂੰ ਹੀ ਸ਼ਬਦ ਵਾਕ ਬਣਾ
ਤੂੰ ਹੀ ਆਪਣੀ ਉਸਤਤ ਲਿਖਾ,
ਤੂੰ ਹੀ ਬੰਦਗੀ ਇਬਾਦਤ ਭਰਦੇ
ਜੋ ਹੋਵੇ ਨਾ ਕਦੇ ਜੁਦਾ,
ਮੈਂ ਤਾਂ ਤੇਰੀ ਰਬਾਬ ਹਾਂ
ਜਿਵੇਂ ਮਰਜ਼ੀ ਵਜ਼ਾ।
ਤੂੰ ਹੀ ਅਹਿਸਾਸ ਭਰੇ ਨੇ
ਸੁਚੱਜੇ ਕੀਤੇ ਰਾਹ,
ਜੇ ਸਭ ਕੁਝ ਭਰਿਆ ਤੂੰ ਹੀ
ਫਿਰ ਤੂੰ ਹੀ ਆ ਕੇ ਗਾ,
ਮੈਂ ਤਾਂ ਤੇਰੀ ਰਬਾਬ ਹਾਂ
ਜਿਵੇਂ ਮਰਜ਼ੀ ਵਜ਼ਾ।
ਮਿੰਨਤਾਂ ਤਰਲੇ ਪਾਵਾਂ
ਕੁਕ ਕੁਕ ਬੁਲਾਵਾਂ,
ਇੱਕ ਵੀ ਕਦਮ ਚੱਕਣਾ ਨਹੀਂ
ਤੱਕੇ ਤੇਰੀਆਂ ਰਾਹਵਾਂ,
ਬੰਦ ਪਈ ਜੇ ਸੂਰਤ ਮੇਰੀ
ਤੂੰ ਹੀ ਖੋਲ੍ਹ ਖੁਦਾ,
ਮੈਂ ਤਾਂ ਤੇਰੀ ਰਬਾਬ ਹਾਂ
ਜਿਵੇਂ ਮਰਜ਼ੀ ਵਜ਼ਾ।

Read to Grow

ਸਫਰ-ਏ-ਜਿੰਦਗੀ

ਅਣਗਿਣਤ ਹੀ ਦਾਖਲ ਹੋਗੇ ਇਸ 'ਸਫਰ-ਏ-ਜਿੰਦਗੀ'
ਵਿੱਚ, ਇਥੋਂ ਪਏ ਤੁਰ ਵੀ ਤਾਂ ਬਥੇਰੇ ਆ;
ਤੇ ਮੈਂ ਆ ਆਪਣੀਆਂ ਹਾਰਾਂ ਤੋਂ ਹਾਰ ਜਾਵਾਂ?
ਨਾਂ-ਨਾਂ! ਕਦੇ ਵੀ ਨਹੀਂ,
ਹਾਰਾਂ ਨਾਲ ਬੋੜੀ ਨਾ ਜਿੰਦਗੀ 'ਚ ਹਨੇਰੇ ਆ;
ਸ਼ਾਇਦ ਹੋਰ ਕੁਝ ਨਹੀਂ ਤਾਂ ਆਪਣੀਆਂ
ਨਾਕਾਮੀਆਂ ਉੱਤੇ ਹੀ ਲਿਖ ਜਾਉਂ,
ਤੇ ਜੇ, ਅੱਜ ਇੱਕ ਕੋਸ਼ਿਸ਼
ਹੋਰ ਕਰਨ ਦਾ ਜਿਗਰਾ ਕਰ ਲਿਆ;
ਫਿਰ ਯਾ ਤਾਂ ਜਿੱਤ ਜਾਉਂ ਯਾ ਤਾਂ ਕੁਝ ਸਿੱਖ ਜਾਉਂ..!
ਯਾ ਤਾਂ ਕੁਝ ਸਿੱਖ ਜਾਉਂ!
ਬਸ ਇੰਨਾ ਹੀ ਕਹਿਣਾ
ਕਿ ਹਜੇ ਤਾਂ ਇਹ ਸਫਰ
ਮੈਂ ਵੀ ਕੋਈ ਬਹੁਤਾ ਨਹੀਂ ਹੰਡਾਇਆ;
ਸਾਹਮਣੇ ਤਾਂ ਹਜੇ ਜਿੰਦਗੀ ਪਈ ਆ।

ਜਿੰਨਾ ਕੁ ਪਰ ਸਮਝਿਆ ਇਸ ਸਫਰ ਬਾਰੇ-
ਆਪਣੀ 'ਫਿਲਾਸੋਫੀ' ਦੇ ਹਿਸਾਬ ਨਾਲ ਬਿਆਨ ਕਰ ਦਿੱਤਾ।
ਬਾਕੀ ਤਾਂ ਹਜੇ ਬਹੁਤ ਕੁਝ ਰੱਖਿਆ ਹੋਣਾ ਰੱਬ ਨੇ ਸਾਡੇ
ਸਿੱਖਣ-ਸਮਝਣ ਨੂੰ;
ਉਹ ਫਿਰ ਜਿਵੇਂ-ਜਿਵੇਂ ਜਿੰਦਗੀ ਸਿਖਾਉਂਦੀ ਜਾਉਗੀ-
ਸਿੱਖਦੇ ਜਾਵਾਂਗੇ ਤੇ ਹਮੇਸ਼ਾਂ ਇਹੋ ਕੋਸ਼ਿਸ਼ ਰਹੂ
ਕਿ ਚੰਗੇ-ਮਾੜੇ ਦਿਨਾਂ ਨੂੰ ਸੁੱਖੀ-ਸਾਂਧੀ ਲੰਘਾਉਂਦੇ ਜਾਈਏ।

ਜਪਨੀਤ ਕੌਰ
ਦੱਸਵੀਂ ਫਰਾਂਸਿਸ



ਵੀਰ ਜਿਊਂਦੇ ਰਹਿਣ

ਭੈਣਾਂ ਵੱਸਦੀਆਂ ਰਹਿਣ,
ਬਾਪੂ ਤੰਦਰੁਸਤ ਰਹੇ
ਮਾਵਾਂ ਹੱਸਦੀਆਂ ਰਹਿਣ।

ਚਾਹੇ ਮੇਰਾ ਆਪਾ ਮਿੱਟ ਜਾਵੇ
ਝੱਲ ਜਾਵਾਂ ਹਰ ਇੱਕ ਮਾਰ ਨੂੰ,
ਰੱਬਾ ਸਦਾ ਹੀ ਵੱਸਦਾ ਰੱਖੀਂ
ਮੇਰੇ ਸੋਹਣੇ ਪਰਿਵਾਰ ਨੂੰ।

ਕਾਗਜਾਂ ਨੂੰ ਜੋੜੇ ਰੱਖਣ ਵਾਲੀ
ਪਿੰਨ ਹੀ ਕਾਗਜਾਂ ਨੂੰ ਚੁੱਭਦੀ ਹੈ,
ਇਸੇ ਤਰ੍ਹਾਂ ਹੀ ਜੋ ਪਰਿਵਾਰ ਨੂੰ ਜੋੜੀ ਰੱਖਦਾ ਹੈ
ਉਹੀ ਸਾਰਿਆਂ ਨੂੰ ਚੁੱਭਦਾ ਹੈ।

ਇਸ ਪਾਣੀ ਨੂੰ ਪੱਥਰ ਨਾ ਮਾਰ
ਇਸ ਪਾਣੀ ਨੂੰ ਵੀ ਕੋਈ ਪੀਂਦਾ ਹੋਵੇਗਾ,
ਹੱਸਕੇ ਜਿੰਦਗੀ ਗੁਜ਼ਾਰ ਬੰਦਿਆ
ਕਿਉਂਕਿ ਕੋਈ ਤੈਨੂੰ ਦੇਖਕੇ ਵੀ ਜਿਉਂਦਾ
ਹੋਵੇਗਾ।

ਨਵਜੋਤ ਕੌਰ
ਦੱਸਵੀਂ ਫਰਾਂਸਿਸ



“Let me go”

When I come to the end of my life,
And the sun has set for me.
I want no rites in a gloom-filled room.
Why I cry for a soul set free?
Miss me a little but too long,
And not your head bowed down
Remember, the love once we shared,
Miss me but let me go.

For this journey, we all must take
And each one must go alone.
It's all part of makers plan.
A step on the road to home.
When you're lonely and sick at heart,
Go to friends we know and bury your sor-
row s in doing good deeds.
Miss me but let me go.....

Sanvi Sharma
X-Clare

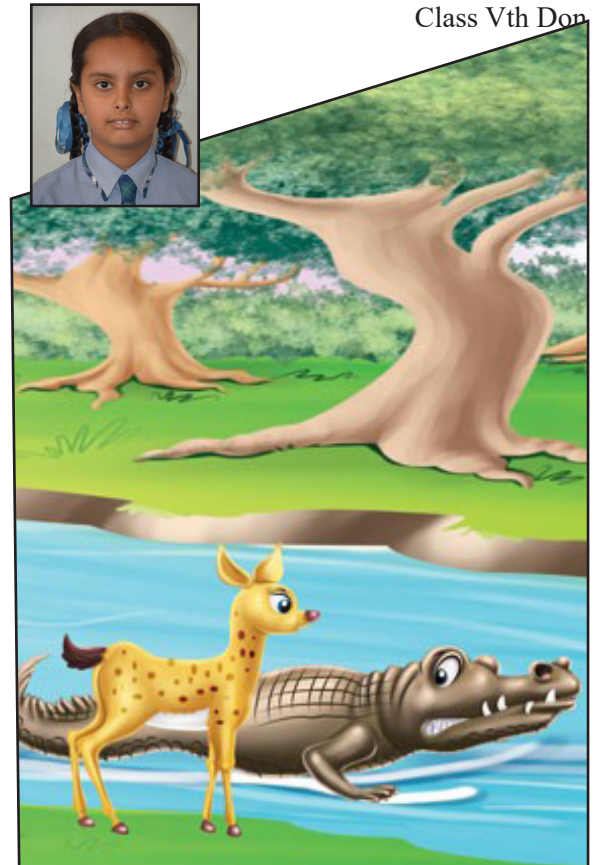
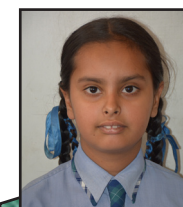


THE FIVE DEERS AND THE CROCODILE

Once upon a time, there lived five deers. Every day they went to the lake to drink water .One day, the crocodiles saw the deers drinking water together. The crocodile wanted to eat them .As the crocodile jumped towards one of the deers, unitedly all the deers attacked the crocodile. The crocodile had to run away .It was failure on part of crocodile so it planned to break the friendship of the deers. He was successful in doing so. Hereafter the deers started going one by one to drink the water. The crocodile took advantage of this and ate all them in turns.

Moral: unity is the most powerful strength in the world.

Sukhmandeep Kaur
Class Vth Don



MY DREAMS

“Dreams are not the ones we dream at night but they are the ones which do not allow us to sleep at night” APJ Abdul Kalam. A dream can be described as a series of images, thoughts, desires or emotions that pass through our mind. It's a wonderful thing we create in our imagination, most often related to our future. It's something we wish and hope to achieve one day. I also have a dream to chase and make them true. My dream is to score distinction in my board class examination, which is a big challenge for me. I keep in mind the words of our former president Mr. Abdul Kalām and spend tireless hard work to achieve my goal, to make my school and parents proud of me. I would like to tell my friends both in junior and senior classes that I am aware that it is not going to be easy for me to achieve my dream but I am ready to face my own fears and drawbacks. I am also ready to learn from my past mistakes that I made in my previous years of schooling. I urge each one of you also to have dreams and strive hard to achieve them. At the end I would like to again quote the words of Mr. Abdul Kalam “dream big and you will achieve big.”

Navroop Kaur Mahal
Class 10th Clare



IMMIGRATION, A CHASED DREAM BY THE YOUTH.

YOU ARE A MESS

*You can hide your wounds
With bandage,
But the hurt and pain is
Still visible in your eyes.*

*You say you are fine with
A trembling voice
Even when you hide your
Scars, I know your past.*

*You can laugh as much as you can,
But I know soul scream.*

*You say their words never matter to you,
But last night, I saw crawling on the floor
And crying over the thoughts that you are not
enough for others.*

*I know you have lost yourself
Somewhere in the darkness of your past.
Even when you smile, your heart aches.*

*The words never affected you, you say but I know
Those stabbed you like a knife right in the heart.*

*I know even being alive is hard
For you but you still get up every day in the hope
Seeing the better days.*

Hargunpreet Kaur Hundal
X Alphonsa



An Art

**Teaching is an art ,
It is not everyone 's cup of tea ,
For them it sounds like glee.
It gives shade to the needy ,
Teachers stand as trees.
They are builders of future
Who made Challengers for welfare
To set society terror free.
It is the courage 9f my good teachers
That I got the place,
Which is deserving by me .**



Mr. Harinder
History Teacher

The prevailing aspiration among today's generation, particularly in Punjab is to pursue higher education abroad and secure lucrative salaries thereafter. They harbor the conviction that only in America, Canada England etc. can they realize their dreams and lead a life of affluence. The financial burden on their parents is significant, forcing them to sell cherished lands and properties to cover the substantial expenses, including those related Visas. It underscores the challenges of reconciling aspirations with economic constraints.

Certainly, the journey of dreams in a new country builds resilience and character, fostering personal growth amid challenges .The pursuit of one's goals, despite difficulty often leads to a more profound and rewarding experience. Sometimes it has been unfortunately too laborious that they find it difficult to cope up with the new surroundings. They undergo homesickness and rejections by their foreign friends in the colleges and universities that it causes heart attacks and deaths. It proves fatal for many immigrants. The mass immigration has led to colossal loss to our homeland because most of the intelligent and talented generation has been migrating abroad, which is resulting in diminishing the economy of our country. Our country especially our state is lacking of talented doctors, engineers, civil officers, leaders etc. Through this article I would like to request my school mates that we should keep aside our self-will desire to move out overseas. Let us develop and grow in our own country and make our family, school and state and nation proud of us.

Palakdeep Kaur
11th Alp



Understanding the Impact of Menstrual Cycle Education on Society: A Boy's Perspective

As a young boy navigating the tumultuous waters of adolescence, the topic of menstrual cycles might seem like uncharted territory. However, delving into the realms of knowledge and education surrounding this natural biological process reveals a profound impact on both society and individual mind sets. The importance of knowledge and education about the menstrual cycle transcends the experiences of girls alone. From a boy's perspective, understanding this natural process becomes a pivotal stepping stone towards building a society that values inclusivity, empathy, and equality. By embracing this knowledge, boys can actively participate in fostering a culture where menstruation is stigmatized, and individuals are seen beyond the constraints of traditional gender roles. Beyond fostering empathy and challenging gender norms, an awareness of the menstrual cycle contributes significantly to the holistic education of boys. It instills a sense of responsibility and respect for their peers, particularly their female counterparts. Armed with this knowledge, boys are more likely to become allies, offering support during challenging times and contributing to a culture of mutual understanding

From a broader perspective, incorporating menstrual cycle education into the curriculum helps challenge ingrained societal norms. It prompts a shift in mind set, emphasizing the importance of acknowledging and respecting bodily functions without any stereotypes or fostering embarrassment. This change in mind set has the potential to break down barriers and contribute to a more open and accepting society.

“Periods are not a taboo, it's the ability of a women to create and nourish a new life”

Meharpreet Singh
10th Alphonsa



JOURNEY OF LIFE A to Z

As students, our whole life revolves around the Alphabets A to z .They guide us through the various stages of learning and knowledge acquisition. Each letter represents a step in our academic development, building the foundation for a lifetime of learning. A is the beginning of the alphabets and Z is the end of the alphabets, similarly our life begins with conception and ends with death.

Follow letter Let us know the alphabet A to Z to build our life.

Follow A to be affectionate not to be aggressive.

Follow B to be happy not to be hard.

Follow letter C to chill not to cry.

Follow letter D to be down to earth not to be dangerous.

Follow letter E to be energetic not be evil.

Follow F to be friendly not to frown

Follow G to be great not for gossiping.

Follow H to be humble not to humiliate

Follow the letter I to be intelligent not to be ignorant.

Follow letter the J to be just not to be Jealous.

Follow the letter K for kindness not for killing.

Follow letter L to love not to lazy

Follow the M to be meek not for money

Follow the letter N to be natural not to be nuisance.

Follow the letter O to be obedient not for being ordinary.

Follow the P to be a painkiller not to be a pain giver

Follow the letter Q to be quiet not to quit

Follow the letter R for being realistic not for being rude

Follow the letter S to smile not to be sad

Follow the letter T to be trustworthy not to be a troubleshooter.

Follow the letter U to be unique not to be uncertain

Follow the letter V for being victorious not to be violent

Follow the letter W to be wise not to be wicked

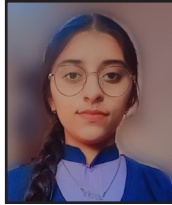
Follow the Letter X to cross all fake friends and follow Y to be

your friend not to yell at others.

Follow the letter Z to have zeal in all your

endeavors not to be zombie like

Parneet Kaur
11th Alphonsa



Artificial Intelligence (A.I)

Artificial intelligence is revolutionary the way we interact with technology and shaping the future of various industries .In recent years, A.I has made remarkable achievements in field of health care, finance and education .Its ability to analyses vast amount of data and make predication led to advancement in medical science and personalized learning experiences .Today, students are not only the users of AI tools but also becoming innovators who will drive the next wave of technology.

As we witness the rapid integration of Ai in our daily lives so it is important for society and our younger generation to understand its implications and its impacts. The Educational institutes are recognizing the importance of incorporating AI education into their curricular to prepare and teach students about uses and importance of AI in education, not only equips students with relevant skill but also instills a sense of responsibility.

AI, besides having useful impacts also have many bad impacts. Nowadays students are becoming addicted to AI tools and they use it for bad purposes .The over use of AI for personal work has led to the fall of creativity in the younger generation. The students also use it for writing essays, solving mathematical problems. It has decreased the problem solving skills of students.

Gurvant Singh
11th Alphonsa



Academic Achievers Session 2022-2023



Rashi Mahajan
97.05%



Gurasish Kaur Ahluwalia
96.08%



Bhavneet Kaur
96.05%

NURSERY



Poonamdeep Kaur
98.82%



Harsamarmet Singh
98.74%



Angadveer Singh
98.65%



Jasleen Kaur
98.81%



Jasleen Kaur
98.81%



Reyansh
98.69%

LKG

UKG



Sargun Kaur
99.52%



Harleen Kaur
99.26%



Sargun Walia
99.23%



Rehmatdeep Kaur
95.98%



Swara
95.93%



Japnoor Kaur
95.01%

I-CLASS

II - CLASS



Kiratpal Singh
98.14%



Amrojdeep Singh
97.64%



Kanwar Ajit Singh
97.01%



Ragini
98.65%



Amanatpreet Kaur
95.56%



Gurseerat Kaur
94.65%

III-CLASS

IV- CLASS



Gurjaap
96.65%



Avneet Kaur
96.08%



Gurdawan Kaur
96.02%



Manseerat Kaur
98.92%



Armandeep Singh
98.75%



Sachkirat Singh
98.54%

V-CLASS

VI-CLASS



Navnoor Kaur
92.94%



Advit Gupta
92.68%



Tanvi Grover
91.58%



Tanishka
97.03%



Ridham Monga
96.58%



Ansideep Kaur
94.88%

VII-CLASS

VIII-CLASS



Harkamal Singh
97.82%



Harpuneet Kaur
97%



Japnoor Kaur
96.23%



Japneet Kaur
94.75%



Aishmeet Kaur
93.4%



Anshul Vasudev
92.07%

IX-CLASS

Merry Christmas
& Prosperous Happy New Year
2024

